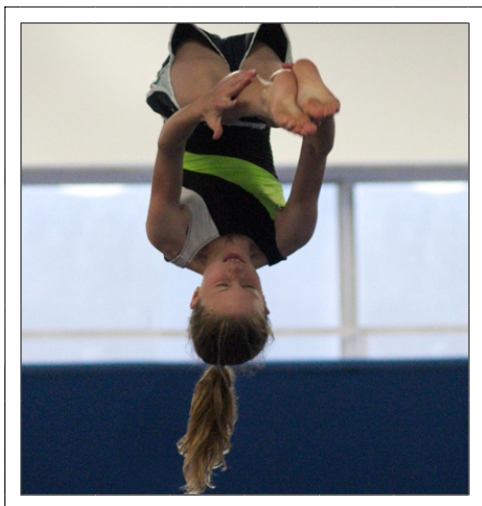


Gymnastics - Yoga - Tumbling - Cheer

2011-2012 School Year Flyer



www.ChampionsAcademyAustin.com

628-1788

Guys & Girls

Walking to 18 years

Classes Camps Clinics Parent's Night Out Birthday Parties

Located in the West Austin Youth Association (WAYA) at the SW corner of Enfield (15th) and Exposition

When children enter Champions Academy WAYA, they learn to work with confidence, persistence and a positive attitude. They leave feeling like Champions! The more often your child is in the gym, the stronger they will become and quicker they will learn their skills. Muscle memory really works! For this reason, we offer a 20% discount off the 2nd class' installment price.



Activity	Length per Class	Description
Waddlers (walking-3.5y)	45 min	Help your child build self esteem and coordination and set them up for a lifetime of fitness! Learn how to positively coach your child through various skills as they develop strength, gross & fine motor skills, and body awareness. They get their "wiggles" out during the first few minutes, then it's circle time to move and stretch together. Next everyone works through an obstacle course including a long trampoline, bars and balance beam, and finish with air track and fun parachute games. When your child is independent enough to follow the group and listen to instruction, they graduate to Tikes.
Tumblin Tikes & Yogis (3.5y-5y) pre-school	45 min	Your child's first "big kid" class using their "listening ears" to follow their coaches' structured lesson plan. Tikes work throughout the year on skills broken into bite-size pieces to help them learn forward/backward rolls, handstands, cartwheels, and round-offs. Tikes rotate through four stations: tumbling on spring floor, long trampoline, air track, bars, and balance beam, and finish off with parachute games. YOGIS do all of this AND add a yoga component, learning poses, strength, and flexibility through story and play.
Champion Child Tumbling & Yoganastics (Kinder + up)	45 min - 1 hr	This is a great class for the beginner or intermediate gymnast! Your child will rotate through four stations including tumbling on spring floor, long trampoline, air track, bars, and balance beam. The skills used in this class will meet each level's needs. This class uses ALL equipment during the year. YOGANASTICS do all of this AND add a yoga component to their instruction, learning strength and awareness through poses and breathing work.
Teams (Kinder + up)	1 hr - 1.5 hr	Non-competitive show teams are for gymnasts with a strong desire for more advanced skills and longer workouts. Each team is built with age, ability, and friends in mind. Teams perform (not compete) at least twice a year, which is not required but encouraged. Our teams began as a way to showcase their skills while providing an entertaining service to our community. A few examples of performance venues are the Trail of Lights, Blue Santa Parade, and UT Basketball Halftime. In teams, students learn cooperation and team camaraderie in a nurturing environment.
Cheer Squads (Kinder + up)	1-1.25 hr.	The CCA cheer squads show off their talent at neighborhood events such as WAYA championship bowl games and other events mentioned above. We have amazing knowledgeable NCA UCA university cheer staff. Team Extreme (for 6 th - 9 th) is our cool new tumbling team that also works on aspects of cheer.
Punch Card Classes (5 th gr + up)	10 1 hr classes	Fast-paced Punch Card classes were created to fill a niche for older girls wanting to progress even further and focus on developing strong tumbling and/or cheer skills AND needing a flexible schedule. Come to the 10 classes as they fit YOUR schedule. Cards expire May 12, 2012.
Special Events		We offer Parent's Night Outs, Birthday Parties, Clinics (these focus on particular skills), and Camps. Check out our informational flyers on these events.



Janet Scott started the original Champions Academy, now at WAYA, 17 years ago. She wanted to provide a gymnastics opportunity to children who didn't necessarily want to compete, but rather learn while having fun! It is her mission to teach correct form and progression in a positive and motivating environment. You might see Janet's Champions Academy gymnasts at the Chuy's Blue Santa Parade (now our 11th year), a UT Basketball or Toros halftime show, Westminster Manor Retirement home, or various school carnivals to name a few. She also donates classes to Helping Hand Home and UT Elementary. A former teacher and competitive gymnast with deep family roots in Austin, Janet provides a unique service to and feels strongly about giving back to the community.

- ★ Champions Academy WAYA provides the best possible athletic instruction in a fun, safe, environment while cultivating mentally and physically stronger, healthier, and happier individuals.
- ★ The staff of Champions Academy WAYA is composed of state, national, and college-level gymnasts and cheerleaders. They are not only experienced athletes, but they are energetic and kid-loving, highly trained coaches as well.

Much of our success is due to our awesome staff!



Mon August 29 – Sat May 12
2011 – 2012



1314 Exposition Ave. Austin, TX 78703
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sund
45 min pre-school	9:30 - 10:15 Waddlers I (walking - 2.5)	9:15 - 10:00 Waddlers I (walking - 2.5)	9:15 - 10:00 Waddlers I (walking - 2.5)	9:30 - 10:15 Waddlers I (walking - 2.5)	9:15 - 10:00 Waddlers I (walking - 2.5)	9:00 - 9:45 Waddlers I (walking - 3.5)	
		10:00 - 10:45 Waddlers II (2.5 - 3.5)	10:00 - 10:45 Waddlers II (2.5 - 3.5)	10:15 - 11:00 Waddlers II (2.5 - 3.5)	10:15 - 11:00 Tumblin' Tikes (preschool)	9:45 - 10:30 Waddlers II (2.5 - 3.5)	
	1:00 - 1:45 Tumblin' Tikes (preschool)	12:45 - 1:30 Tumblin' Tikes (preschool)		1:15 - 2:00 Tumblin' Tikes (preschool)	11:00-11:45 WA Academy Pre-K class	10:45 - 11:30 Tumblin' Tikes (preschool) Champ Child Tumb (K-5 th)	
	Coaches' Meeting		1:30-2:15 Tumblin' Tikes (preschool)	Coaches' Break	12:00-2:00 UT Elementary	11:15-12:00 UT Elem. Helping Hand	
	2:15-3:00 Tumblin' Tikes (presch) Champion Child Tumbling (K-5 th)		2:15-3:00 Tumblin' Tikes (presch) Champion Child Tumbling (K-5 th)	2:15-3:00 Tumblin' Yogi's (presch)	2:15 - 3:00 Tumblin' Tikes (preschool)	Special Events Birthday Parties 12:30-2:00	private lessons
after-school	3:30-4:30 Champion Child/Tumbling (K-5 th)	3:15-4:15 Champion Child Tumbling (K-5 th)	3:30-4:45 Hot Shot Team (K-2 nd)	3:15 - 4:15 Yoganastics (K-5 th)	3:30-4:30 Boys Tumbling Champion Child Tumbling (K-5 th)	Special Events Birthday Parties 2:30-4:00	private lessons
	4:30-5:30 "Men in Black" Guys Team (K-2 nd)	4:15-5:30 Prep Team (1st-3rd)	4:45 - 5:45 CCA Blue Squad (K-2 nd)	4:15-5:15 CCA Black Squad (K-2 nd)	4:30-5:30 Champion Child/Tumbling (K-5 th)	Special Events Birthday Parties 4:30-6:00	CLINIC
	5:30 -6:45 "Back in Black" Guys Adv Team (2 nd -6 th)	5:30-6:45 Performance Team (3 rd - 5 th) Day 1	5:30 -6:45 CCA White Squad (3 rd -5 th)	5:15-6:30 Performance Team (3 rd - 5 th) Day 2	Special Events Parent's Night Out	Special Events Birthday Parties When Available	CLINIC
k - 6 th	6:45 -7:45 CCA White Sqd Tumbling (3 rd -5 th)	6:30-8:00 Tumble Team Day 1 (4 th - 6 th)	6:45 -7:45 MS PUNCH CARD Power Tumbling (5 th - 8 th)	6:30-8:00 Tumble Team Day 2 (4 th - 6 th)	Special Events Parent's Night Out	Special Events Parent's Night Out	
	6:45 -8:00 Team Extreme Cheer & Tumble Day 1 (6 th -9 th)		6:45 -8:00 Team Extreme Cheer & Tumble Day 2				
5 th -12 th grade	8:00 - 9:00 PUNCH CARD Power Tumbling Tryout Prep (6 th - up)	8:00-9:00 PUNCH CARD Power Tumbling Tryout Prep (6 th - up)	8:00-9:00 PUNCH CARD Power Tumbling Tryout Prep (6 th - up)	8:00-9:00 PUNCH CARD Power Tumbling Tryout Prep (6 th - up)	Special Events Parent's Night Out	Special Events Parent's Night Out	
Activities in grey are by invitation/approval only. A staff member would be happy to assess a student's appropriate level at any time.							



CLASSES: A \$30 non-refundable Activity Fee will hold your spot for the 2011-12 school year and covers registration, insurance, Champions t-shirt, and end-of-year award ceremony. Classes are 45 min. or 1 hr. in length and meet once per week.

PUNCH CARD: *classes* are paid with a one-time fee **per** 10 classes (also subject to the one-time \$30 Activity Fee.) Punch Cards expire at the end of the school year on May 12, 2012.

TEAMS: A non-refundable Team Fee will hold your spot for the 2011-12 school year and covers registration, insurance, custom-fit leotard & t-shirt uniform, individual & team photos, scrapbook, performances, trophy ceremony, and end-of-year party. Teams are a FULL year commitment and are typically on a waitlist by the first month of gym.

TUITION for classes and teams is charged in 5 installments during the school year and may be pro-rated according to start date.

Installments charged: Aug 1(or time of registration)/Oct 1/Dec 1/Feb 1/Apr 1. Please note deadline due dates! \$10 late fee added to delinquent payments past 10 days. [Checks made out to Champions Academy] **You remain enrolled until May 12 unless you notify us with a Drop Slip or via email.** Out of courtesy and time to contact wait-listers, we ask for 14 days advance WRITTEN notice if you wish to withdraw from a class. Transfers permitted if class is not waitlisted. Students who enroll in a 2nd class receive a 20% discount off 2nd tuition.

NOTE: You only pay non-refundable ACTIVITY FEE once per year, per child no matter how many activities you participate in.

School-Year CLASSES

Type of Class		5x Installment Price	2 nd Class at 20%Discount	Annual Class Fee
45 min	1 x per week	\$120	\$96	\$30
1 hr	1 x per week	\$135	\$108	\$30
Type of Class		Cost		Annual Class Fee
Punch Card Classes	1 hr 10 classes total	\$190	n/a	\$30
Clinics	2 hr	\$35	n/a	\$30

TEAMS / SQUADS: Full-year commitment. Non-refundable **TEAM FEE** due to guarantee spot on team. More details on flyer.

TEAM	Total Hrs per Week	5x Installment Price	Annual Team Fee
MIB's Team	1 hr total (1 x per week)	\$145	\$155
BIB's Team	1.25hr total (1 x per week)	\$165	
Hot Shots Team Prep Team	1.25 hr total (1 x per week)	\$165	\$155
Performance Team	2.5 hr total (2 x per week)	\$225	\$185
Tumble Team	3 hr total (2 x per week)	\$235	\$185
Team Xtreme	2.5 hr total (2 x per week)	\$225	\$155
CCA Blue Cheer Squad	1 hr Blue & Black total (1 x per week)	\$145	\$155
CCA Black Cheer Squad		\$170	\$185
CCA White Cheer Squad	2.25 hr White total (2 x per week)		

Champions Academy at WYA Policy and Procedure

Parent Watch Policy: Parents are welcome to watch their child anytime, however, for safety reasons, siblings who aren't enrolled should remain off the mats & equipment. Downstairs gyms and playground are available for active toddlers. We offer official parent watch days throughout the school year, with an end-of-year award ceremony the last week of gym.

Class Attire: Champions girls should wear leotards and boys should wear t-shirts & elastic band shorts. We sell these items in our Champions Corner Store upstairs. For safety, please have hair pulled up out of face. Also, **NO gum or jewelry.** PLEASE make sure your child takes care of water and bathroom needs BEFORE class. Thank you for your help with this.

Make-ups: Make-Up forms MUST be filled out at the Champions office window. Please check to see if the class isn't full and has room.

Class Transfers: Let us help you find the PERFECT replacement spot for your Champion! Change request forms MUST be filled out at the Champions office window or call 628-1788. Some classes fill up so please ask before leaving change request.

Dropping: We'd be happy to talk about other possible classes that may work better for you, your schedule, and your child. Please see "Tuition" above for important details. In the event we processed a recent payment, we are happy to pro-rate the balance to use as a **credit** for future activities. Credits expire May 12th, 2012.

Holidays: Labor Day (Sept 5th), Thanksgiving (Nov 22nd-27th), Winter Break (Dec 18th-Jan 8th), Spring Break (Mar 11th-18th).